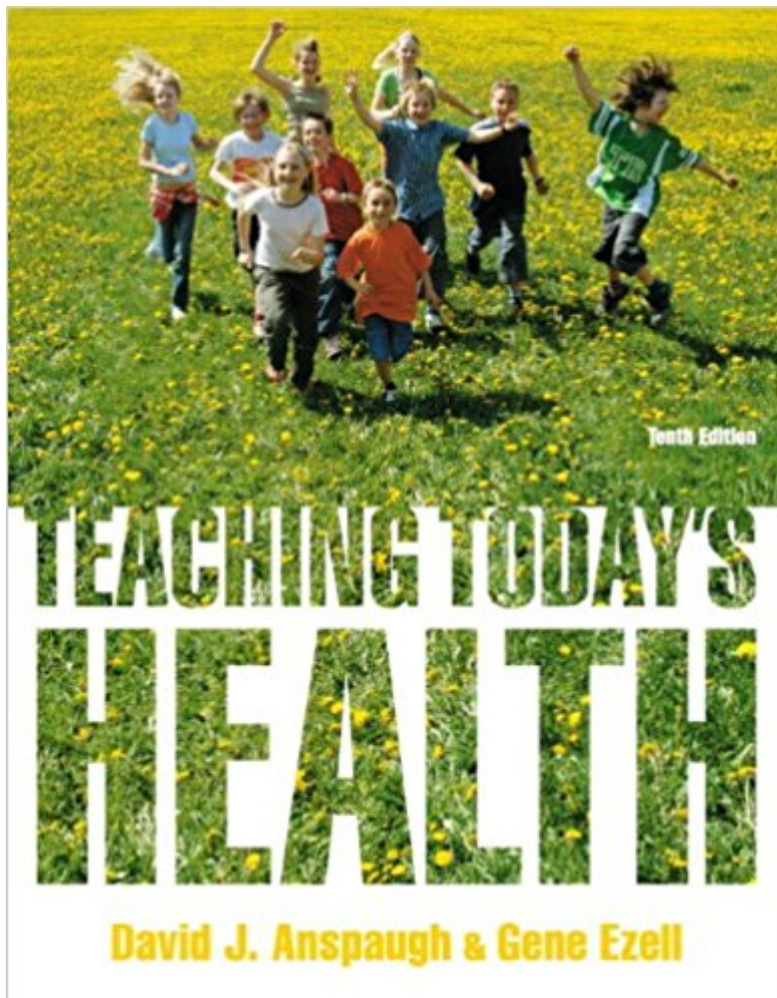




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# Teaching Today's Health (10th Edition)



## Synopsis

Teaching Today's Health, Tenth Edition, balances comprehensive theory with a wealth of effective classroom activities to give you the tools you need to become successful health educators. This book's strong background and depth in teaching methods prepares you for the challenges of today's teaching environment. Meaningful content enhancements include expanded coverage of bullying and obesity, body systems, and substance abuse and a new Creativity in the Classroom feature and an Index of Strategies). Important currency updates include a significantly updated nutrition chapter with new MyPlate and 2010 Dietary Guidelines and more technology coverage. Helpful Companion Website include all Worksheets available in PDF form, for easy copying to hand out to students in class, and a new easy-to-reference Glossary. Priced significantly less than other books in the market, this attractive two-color book provides great value to you.

## Book Information

Paperback: 552 pages

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Average Customer Review: 4.2 out of 5 stars 24 customer reviews

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## Customer Reviews

David J. Anspaugh is a Professor at Albion College. He has extensive experience serving for various organizations, such as American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD) and various regional branches of the organization. Anspaugh has served as president of the Indiana Association for Health, Physical Education, Recreation and Dance (IAHPERD). He is currently the President-Elect of Midwest District AAHPERD. In 2007 he was selected by the American Association for Health Education as the University Health Educator of the year. He has published several dozen books and journal articles and has won five

distinguished teaching awards. ~ ~ ~ ~ Gene Ezell is a Professor of Health Education at the University of Tennessee in Chattanooga, Tennessee. He also serves as the Departmental Health Education Curriculum Coordinator and is responsible for evaluating revisions to the undergraduate and graduate health education course offerings. He is an active member of AAHPERD and the Tennessee AHPERD. He has written, cowritten, and reviewed several books and journal articles in the field of health education. Ezell is the recipient of several awards, including the United States~¢~ College Health Educator of the Year award (1995).

Decent writing, not a lot of information that is unknown through common knowledge it seems. Author talks down often to the reader as though teachers do not know anything.

Good beneficial information! Book was in good condition!

Excellent text however it is pharmaceutically oriented which is why it gets four stars instead of five. Behavioral problems can often be addressed with counseling and special Ed. Medication should not be the first resort.

like all college textbooks, it is too expensive for what you get. Also, you can get the previous edition, and it is almost the same, just different page numbers

I bought this book for a teaching credential class. This is a perfect book with very up-to-date information regarding all aspects of Health. It is good read and can give a teacher or parent information they can use for themselves as well as information to teach children. This book is definitely a keeper as I know I can use it in the future.

Such a great book! Has amazing techniques for any teacher to use, gives you ideas from pre-k until 12th grade. It is perfect for any age level!

The book is falling apart, I am scared a page will disappear. Edges are torn and the spine is breaking.

Good book and great lesson plan ideas

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